

Cloverdale Tritons 2017 Schedule

July 17 - August 16

****Note swimmers need to arrive ready for the yellow bolded times. Sometimes dryland is before swim and sometimes it is after****

| Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at | Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at | Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at |
|----------|--------------|-----------|---------------|---------------|------------------|--------------------|-----------|---------------|---------------|---------------|--------------------|-----------|---------------|---------------|---------------|------------|------------------|
| Rachael | Senior | Monday | 3:30pm | 4:00pm | 6:00pm | Morganne | Junior 1 | Monday | 7:00am | 7:15am | 8:45am | Alex | Junior2 | Monday | 7:00am | 7:15am | 8:45am |
| | | Tuesday | 7:00am | 7:15am | 9:00am | | | Monday | 3:30pm | 4:00pm | 5:00pm | | | Monday | 3:30pm | 4:00pm | 5:00pm |
| | | Tuesday | 6:00pm | 3:45pm | 6:30pm | | | Tuesday | 3:30pm | 4:00pm | 5:00pm | | | Tuesday | 3:30pm | 4:00pm | 5:00pm |
| | | Wednesday | 6:30pm | 7:30pm | 8:30pm | | | Wednesday | 7:00am | 7:15am | 8:45am | | | Wednesday | 7:00am | 7:15am | 8:45am |
| | | Thursday | 7:00am | 7:15am | 9:00am | (when no dev meet) | Wednesday | 4:30pm | 5:00pm | 6:00pm | (when no dev meet) | Wednesday | 4:30pm | 5:00pm | 6:00pm | | |
| | | Thursday | 6:00pm | 4:15pm | 6:30pm | | | Thursday | 7:00pm | 7:30pm | 8:30pm | | | Thursday | 7:00pm | 7:30pm | 8:30pm |
| | | Friday | 4:00pm | 5:00pm | 6:00pm | | | Friday | 3:30pm | 4:00pm | 5:00pm | | | Friday | 3:30pm | 4:00pm | 5:00pm |
| Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at | Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at | Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at |
| Isabella | Intermediate | Monday | 4:30pm | 5:00pm | 6:00pm | Anna | Novice | Monday | 7:00pm | 7:30pm | 8:30pm | | | | | | |
| | | Tuesday | 7:00am | 7:15am | 9:00am | | | Tuesday | 4:30pm | 5:00pm | 6:00pm | | | | | | |
| | | Tuesday | 6:30pm | 7:30pm | 8:30pm | | | Wednesday | 7:30am | 7:45am | 8:45am | | | | | | |
| | | Wednesday | 3:30pm | 4:00pm | 6:00pm | (when no dev meet) | Wednesday | 3:30pm | 4:00pm | 5:00pm | | | | | | | |
| | | Thursday | 7:00am | 7:15am | 9:00am | | | Thursday | 3:30pm | 4:00pm | 5:00pm | | | | | | |
| | | Thursday | 4:30pm | 5:00pm | 6:00pm | | | Friday | 3:30pm | 4:00pm | 5:00pm | | | | | | |
| | | Friday | 4:30pm | 5:00pm | 6:00pm | | | | | | | | | | | | |
| Coach | Group | Day | Dryland Start | Swim Start | Practice Ends at | | | | | | | | | | | | |
| Rachael | Masters | Monday | 6:15am | 6:30am | 7:30am | | | | | | | | | | | | |
| | | Friday | 6:15am | 6:30am | 7:30am | | | | | | | | | | | | |

Swim Meets

WRASA races meet - July 22, 23
 North Delta meet - July 29,30
 Fraser South Regionals meet - Aug 4,5,6
 BCSSA Provincials - Aug 18, 19, 20

Development Meets

Crescent Beach B meet - July 19

Triton Special Events

AGM and Black and Teal potluck - July 27
 Cultus Waterslide Day - TBD

No Practice

Stat - BC Day August 7th